

# Mixtape Meals ⚡

## GROCERY LIST

- SALMON (FRESH + SMOKED)
- WALNUTS
- ANCHOVY
- PARSLEY
- CHIVES
- GARLIC
- BULGAR
- KALE (BABY + TUSCAN)
- ONION (YELLOW + RED)
- BANANAS
- GREEK YOGURT
- AVOCADO
- LEMON
- ORANGES
- EGGS